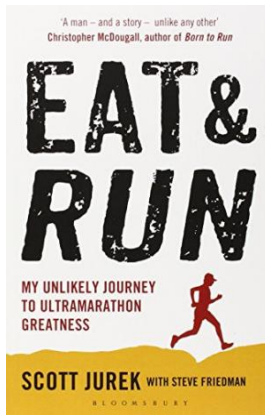


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EAT AND RUN: MY UNLIKELY JOURNEY TO ULTRAMARATHON GREATNESS



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