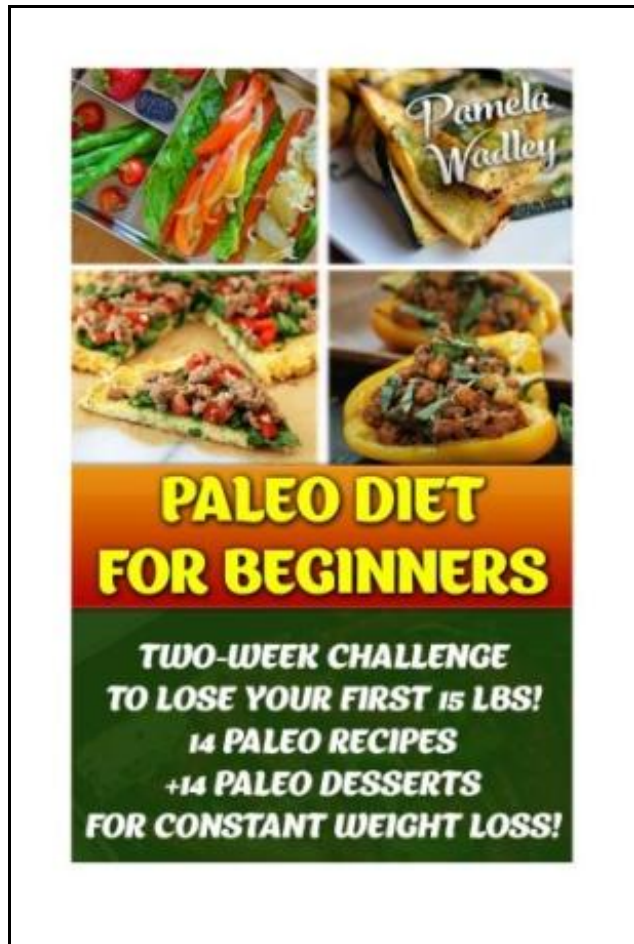


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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Paleo Diet For Beginners: Two-Week Challenge To Lose Your First 15 Lbs! 14 Paleo Recipes +14 Paleo Desserts For Constant Weight Loss! If you are looking for some great tasting healthy Paleo recipes then this book is what you are looking for. It has a nice assortment of Paleo recipes for each meal of the day as well as a great collection of sweet treat recipes. You do not have to be eating boring tasteless food if you are on a good diet plan filled with flavorful foods such as you will find on a Paleo diet plan. These recipes will serve as a great introduction for you into the Paleo foods. Try these recipes out and I am sure that you and your loved ones will really enjoy them. Feel good in knowing that you are feeding your family meals that are not just tasty, but healthy! The recipes in this book are all very simple and easy to follow not complicated in the least. They are easy to prepare but they will be packed with nutritious value. Eating healthy foods that you will find in Paleo recipes is a great way to help lessen your risk of developing serious health issues such as heart disease and diabetes. Why not treat yourself to some healthy great tasting meals that you and your loved ones will benefit from on many different levels! Download your E book **Paleo Diet For Beginners: Two-Week Challenge To Lose Your First 15 Lbs! 14 Paleo Recipes +14 Paleo Desserts For Constant Weight Loss!** by scrolling up and clicking Buy Now with 1-Click button! Tags: paleo, paleo diet, paleo recipes, gluten free, low carb...

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