



Exercise in Education and Medicine (Classic Reprint)

By R Tait McKenzie

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from Exercise in Education and Medicine The following pages are addressed to students and practitioners of physical training; to teachers of the youth; to students of medicine and to its practitioners, with the purpose to give a comprehensive view of the space exercise should hold in a complete scheme of education and in the treatment of abnormal or diseased conditions. The recognition of physical education by teachers has been retarded by dabblers and self-elected professors of one or other systems, whose extravagant claims have done much to obscure the real educational value of neuromuscular training; for the result of physiologic research in the growth and development of the nervous system is just beginning to be applied in the classification and design of exercise, to harmonize it with the conclusions of proved science. Exercise has so many points of contact with education, it is so intricately related to mental, moral, and social training, each of which alone is so partial and incomplete, that the progressive educationalist is now compelled to study its bearing on all three. It...



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