



DOWNLOAD



The Demons Sermon on the Martial Arts: And Other Tales

By William Scott Wilson

Shambhala Publications. Paperback. Book Condition: New. Paperback. 224 pages. Dimensions: 7.4in. x 5.2in. x 0.7in. This collection of parables written by an eighteenth-century samurai is a classic of martial arts literature. The tales are concerned with themes such as perception of conflict, self-transformation, the cultivation of chi (life energy), and understanding yin and yang. Some of the parables seem light and fanciful, but they offer the reader valuable lessons on the fundamental principles of the martial arts; The Mysterious Technique of the Cat is iconic. The demon in the title story refers to the mythical tengu, who guard the secrets of swordsmanship. A swordsman travels to Mt. Kurama, famous for being inhabited by tengu, and in a series of conversations he learns about mushin (no-mind), strategy, the transformation of chi, and how the path of the sword leads to the understanding of life itself. The author, Issai Chozanshi, had a deep understanding of Taoism, Buddhism, Confucianism, and Shinto, as well as insight into the central role of chi in the universe points that are succinctly explained in William Scott Wilson's fine introduction and extensive endnotes. This is essential reading for anyone who wants to truly understand the philosophical underpinnings of martial arts,...



READ ONLINE

[4.96 MB]

Reviews

This composed book is great. It is actually loaded with wisdom and knowledge. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Lucious McDermott**

The publication is fantastic and great. It can be really exciting through reading period of time. I am just very happy to inform you that this is the greatest publication I actually have read in my very own daily life and could be the very best ebook for at any time.

-- **Prof. Alvis Wuckert**

Other Kindle Books



Too Old for Motor Racing: A Short Story in Case I Didn't Live Long Enough to Finish Writing a Longer One

Balboa Press. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in. We all have dreams of what we want to do and who we want to become. Many of us eventually decide it is too late; we have missed...



Summer Fit Preschool to Kindergarten Math, Reading, Writing, Language Arts Fitness, Nutrition and Values

Summer Fit Learning. Paperback. Book Condition: New. Paperback. 160 pages. Dimensions: 10.6in. x 8.3in. x 0.5in. Summer Fit Activity Books move summer learning beyond academics to also prepare children physically and socially for the grade ahead. Academic exercises are based on Common Core...



A Sea Symphony - Study Score

Petrucci Library Press. Paperback. Book Condition: New. Paperback. 324 pages. Dimensions: 9.6in. x 6.7in. x 0.7in. Vaughan Williams conducted the first performance of his great choral symphony on his 38th birthday, October 12, 1910, at the Leeds Music Festival. The work was well...



The Day I Forgot to Pray

Tate Publishing. Paperback. Book Condition: New. Paperback. 28 pages. Dimensions: 8.7in. x 5.8in. x 0.3in. Alexis is an ordinary five-year-old who likes to run and play in the sandbox. On her first day of Kindergarten, she makes her first school-aged friend, Elizabeth, and...



The Ferocious Forest Fire Mystery Masters of Disasters

Gallopede International. Paperback. Book Condition: New. Paperback. 118 pages. Dimensions: 7.4in. x 5.2in. x 0.5in. When you purchase the Library Bound mystery you will receive FREE online eBook access! Carole Marsh Mystery Online eBooks are an easy, effective, and immediate way to read...



DK Readers Disasters at Sea Level 3 Reading Alone

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.8in. x 5.7in. x 0.2in. From fog, ice, and rocks to cannon fire and torpedo attacks--read the story of five doomed sea voyages and the fate of those who took part in them....